



GLOBAL GARDENS GROUP – VEGGEMO EXPANDS ONTARIO DISTRIBUTION

Vancouver, BC, March 14 2016 – Global Gardens Group Inc. (the "Company") (CSE: VGM) is pleased to announce that it has increased the in-store distribution of its “Veggemo” non-dairy vegetable based beverage line in Ontario. Veggemo Original, Unsweetened and Vanilla have now arrived into approximately 125 Metro stores in the province.

Global Gardens Group VP Business Development Geoff Acheson states: “We are thrilled to have Veggemo available in Metro Ontario which compliments the distribution Veggemo already has in Metro Quebec. As one of the leading Grocery retailers in Canada, Metro has a strong and loyal customer following.” Mr. Acheson further adds “Veggemo’s Canadian national footprint continues to grow each month. The listing in Metro expands the brands availability already secured in Calgary Coop, Save-On-Foods, Urban Fare, Price Smart, Thrifty Foods, IGA Market Place, Quality Foods, London Drugs and Walmart.”

Veggemo was named 1 of 10 most innovative new products at the 2015 Grocery Innovation Canada show and out of over 500 entries was 1 of 3 finalist brands for “Best New Beverage” for the coveted NEXTY Awards at the Natural Products Show in Anaheim, California.

To find Veggemo in a store near you please go to www.veggemo.com and click on “Get Veggemo.” Enter your postal code and stores close to you will appear.

About Veggemo

The Veggemo product line is the first and only non-dairy beverage to originate from vegetables and is Global Garden Group’s (VGM) showcase product for the dairy-free industry. Veggemo is available in 3 variants: Original, Unsweetened and Vanilla flavors. The Dairy-free industry continues to witness dynamic growth led by the development of plant-based food and beverages.

Driven by shifting consumer behavior Health & Wellness food and beverage companies have become a popular acquisition target for many multi-national corporations. Most recently Vega, the provider of plant-based shakes and supplements, was successfully sold to WhiteWave Foods for \$550 million representing a 5.5x revenue multiple.



About Global Gardens Group

Global Gardens Group is comprised of a highly experienced management team and board that have provided senior leadership to many consumer brands including: Neilson Dairy, Ben & Jerry's and Haagen Dazs ice cream, Gillette, P&G, Cadbury Schweppes, Sunkist, Dole, Primo pasta and Lululemon.

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