



INVICTUS MD

700-1155 West Pender Street
Vancouver BC, V6E 2P4

Increasing Shareholder Value by Combining Organic
Growth with a Disciplined Acquisition Philosophy

PRESS RELEASE

March 11, 2016

Invictus MD Announces Share Consolidation

Vancouver, BC, March 11, 2016 - INVICTUS MD STRATEGIES CORP. ("Invictus MD" or the "Company") (CSE: IMH; OTC: IVITF; FRA: 8IS) announces that it is proceeding with a consolidation of its issued and outstanding share capital on the basis of one post-consolidated common share for every ten pre-consolidated common shares. No fractional shares will be issued. Any fractional share will be rounded down to the nearest whole number.

The consolidation is subject to final confirmation by the Canadian Securities Exchange. It is expected that the post-consolidated common shares will begin trading on the CSE on March 16, 2016. As a result of the consolidation, the 40,334,296 common shares which are currently issued and outstanding will be reduced to approximately 4,033,429 common shares, subject to rounding.

About Invictus MD Strategies Corp.

Invictus MD targets companies with proven brands, strong customer focus, and significant growth potential. We not only provide capital to meet these objectives but also years of management experience from a team that has been successful in all facets of business from start-ups to running large international organizations. The fundamental core of our operations is centered on the vast opportunities within fragmented industries.

Invictus MD works in partnership with management teams to increase shareholder value through business planning and process integration, developing and executing growth strategies, leveraging our experience and relationships, and structuring and deploying the proper capital to support long-term growth. Our prudent approach to

CSE:IMH

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both investing in and developing successful companies ensures successful execution of the business plan in both times of economic expansion and contraction.

For more information please visit www.invictus-md.com.

On Behalf of the Board,

Dan Kriznic

Chairman & CEO

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