

## FORM 7

### **MONTHLY PROGRESS REPORT**

Name of CNSX Issuer: **Open Source Health Inc.** (the “Issuer”).

Trading Symbol: **OSH**

Number of Outstanding Listed Securities: **11,031,903 common shares**

Date: **January 6, 2016 – Reporting on December 2015**

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are “material information” as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

#### **General Instructions**

Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.

- (a) The term “Issuer” includes the Issuer and any of its subsidiaries.
- (b) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

#### **Report on Business**

1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.  
Open Source Health Inc. (“OSH”) is focused on addressing the lack of integrated healthcare options for women and is a collaboration of e-Patients, Healthcare Professionals, Technology and Device Developers. OSH takes a patient-centered approach to healthcare for women and is in the business of providing a real-time solution poised for the current healthcare revolution by capitalizing on the latest trends in

healthcare, those being: digital health, personalized health, social health and participatory medicine. OSH is developing a cloud-based integrated framework and tools that enable women to pro-actively manage their own health.

Using state-of-the-art open source technology, the OSH platform will offer access to leading integrative physicians and healthcare professionals by delivering concierge medicine, automatically curating personalized health news from trusted health and medical information sources, publish an open source interface for personal and clinical medical devices to connect to a patient's electronic record storage and an integrated e-commerce store to purchase products, devices, supplements, books and relevant products to each healthcare program offered by the platform.

Over the past month, the Company launched the myAva platform with Medici Medical Arts, LLC in Atlanta. Working with previously announced advisor Sasha Ottey, the announcement of the Personalized and Integrative Medicine Pilot Program went out to 1,100 women with PCOS in the Atlanta area. Recruitment for the program began in the month of December. The Company continues to look for financing alternatives to fund current operations.

2. Provide a general overview and discussion of the activities of management.

The Company's management is focused on the business, sources of funding and technical architecture for integrated healthcare for women and the pilot launch of the PCOS project in Atlanta.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

The PCOS Pilot Project was launched using the myAva Healthcare Platform for personalized and integrated medicine in Atlanta. Management focus was on marketing to the local women within the Atlanta area.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

Not Applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

Not Applicable.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not Applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

Not Applicable.

8. Describe the acquisition of new customers or loss of customers.

Not Applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

Not Applicable.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

The Company entered into a settlement agreement with Dr. Joseph Geraci on his outstanding management services fees and the termination of his stock options. Dr. Geraci remains in support of the Company but due to lack of capital the Company was unable to maintain his monthly contractor fee.

11. Report on any labour disputes and resolutions of those disputes if applicable.

Not Applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Janeiro Digital Inc. a software developer engaged in 2014 to develop software for the Company has filed a statement of claim in the State of Massachusetts, Boston District for improper termination of the development contract, totalling \$186,000.00 plus legal fees. The Company previously entered into a settlement for \$50,000.00 but was unable to raise the capital to pay this amount out. The Company will attempt to negotiate a settlement with Janeiro, or engage legal counsel to dispute the claim. It is under advisement with management and the Board of Directors currently.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not Applicable.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	

*(1) State aggregate proceeds and intended allocation of proceeds.*

15. Provide details of any loans to or by Related Persons.

Not Applicable.

16. Provide details of any changes in directors, officers or committee members.

None.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

No trends known other than the perceived favourable trends towards digital health, mobile health, social health, participatory health, and Health I.T., as well as a potential trend toward increased investment in health care.

## Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: January 6, 2016.

Sonya Satveit  
Name of Director or Senior  
Officer

"Sonya Satveit"  
Signature

Chief Executive Officer  
Official Capacity

<b>Issuer Details</b>		For Month End	Date of Report
Name of Issuer: Open Source Health Inc.		December 2015	YY/MM/DD 16/01/06
Issuer Address: 400 – 365 Bay Street			
City/Province/Postal Code: Toronto, ON M5H 2V1	Issuer Fax No. (416) 506-0682	Issuer Telephone No. (647) 872-9986	
Contact Name: Sonya Satveit	Contact Position CEO	Contact Telephone No. (647) 872-9986	